



TROOP 84

High Adventure Trip

2008



Laurel Highlands Venture Trip

West Virginia & Pennsylvania

July 12th – July 19th

Informational Packet

(Info also available at www.troop84online.org under Ventures)

Packet Includes :

- General Trip Information and Trip Cost:
- Detailed Itinerary
- Float Plan
- Packing List
- Just for fun to get you excited - detailed river navigation plan
- **5 Waivers (Hand In)**
- **Planning/Crew Packing Meeting and Shakedown Signup (Hand In)**
- **Special Extended Trip Scout Information and Permission Form (Hand In)**

Waivers, Meeting Signup & Permission Forms need to be filled out and Returned June 17th

Laurel Highlands Crew

- 1 C Alex G
- 2 C Rob M
- 3 C Ryan P
- 4 C Davey Q
- 5 P Chris A
- 6 P Mike L
- 7 P Brian L
- 8 P Collin M
- 9 P Matt S
- 10 H Aaron K
- 11 H Zack N

Leaders:

- 12 Mr. Munley
- 13 Mr. Gmunder
- 14 Mr. Lynch

Planning Meeting : Tuesday, July 1st, 7- 9:30 pm

Shakedown : Friday, July 11th, 7:00 – 8:00 pm

PARENTS : PLEASE RETAIN THIS PACKET UNTIL TRIP COMPLETION



TROOP 84

Laurel Highlands High Adventure Trip

Detailed Trip Logistics Information



- When:** Saturday, July 12th to Saturday, July 19th 2008
- Where:** West Virginia and Ohio, Pennsylvania
- Highlights:** Backpacking, White Water Kayaking, Mountain Biking, Caving Expedition, Rock Climbing and White Water Rafting
- See attached detailed trip itinerary.
- Depart:** 6 am sharp Saturday morning from Mr. Munley's house.
- Return:** Saturday approximately 5 pm at Mr. Munley's house, you will be called before arrival.
- Emergency Contact:** Mr. Gmunder at 732 433 1854. In case of no answer then Mrs. Shelly Nolan or Mrs. Lori Quinn.
- Float Plan:** See attached float plan.
- Wear on Departure:** Troop Hat, Seasonal clothing, hiking boots, hiking socks & liner.
- Equipment:** See Attached List ::
– backpack & duffle bag bring to shakedown
– daypack bring on day of departure
- Lunch :** Bring lunch, drinks and snacks for the 7 hour car ride.
- Spending Money:** About \$50 in a wallet
- Adult Leadership:** Mr. Munley, Mr. Gmunder, Mr. Lynch
- Cost:** Total trip cost \$370.
Balance due at Picnic/Court of Honor on Tuesday June 17th :
If you paid both trip deposits \$370 - \$50 - \$50 = \$270
If you paid only 1 deposit \$370 - \$50 = \$320
- Planning Meeting & Crew Gear Packing:** Tuesday, July 1st, 7:00 - 9:30pm
- drop off at garage
- then pick up at Mr. Munley's
- Shakedown** Friday, July 11th, 7:00 – 8:00 pm at Mr. Munley's
Backpacks and duffle bags are to be completely packed for shakedown.



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Laurel Highlands High Adventure Trip

Detailed Trip Itinerary



Saturday, July 12th – Highlight : Backpacking

7 hour drive to Otter Creek Wilderness, W.V. -304/478-3251. Park at Big Springs trailhead at Fernow Experimental Forest. *Backpack* in 2.2 miles, camp at 'Camp Rock' on Otter Creek Trail.

Sunday, July 13th – Highlight : Backpacking

Backpack a total of 8 miles on Otter Creek Trail w/lunch and a swim at Moore Run Trail. Then trek up Possession Camp Trail to Green Mtn. Trail. Camp on peak at Shavers.

Monday, July 14th – Highlight : Backpacking & Whitewater Kayaking

Backpack out down Green Mtn./Otter Creek/Big Springs Trails to parking lot-7.3 m. Travel to St. George-Blackwater Outdoor Adv.(304/478-3775). Follow them to Cheat River for put in, Class 2-3 *whitewater kayak* - see float plan. After river run, travel to Ohiopyle State Park Pa. -724/329-8591. Camp for week at group site 227

Tuesday, July 15th – Highlight : Mountain Biking and Tour National Land Mark

Mountain Bike with shuttle and bikes provided by Wilderness Voyageurs-800/272-4141. Bike on top of the Canyon at Sugarloaf Knob, with steep ride down at end. At 1:30 *tour* Fallingwater house at Bear Run Nature Preserve-724/329-8501

Wednesday, July 16th – Highlight : Rock Climbing & Swim

Rock Climbing on Meadow Run Trail with Wilderness Voyageurs(800/272-4141). *Swim* at the Meadow Run natural water slide.

Thursday, July 17th – Highlight : Whitewater Rafting

Rent rafts from Ohiopyle Trading Post -1-888-Ohiopyle. *Class 3-4 whitewater rafting* on Lower Yough - see float plan.

Friday, July 18th – Highlight : Caving and Swim

Cave at Laurel Caverns-1-800/515-4150. *Swim* at Meadow Run.

Saturday, July 19th

Travel home, *visiting* Gravity Hill.



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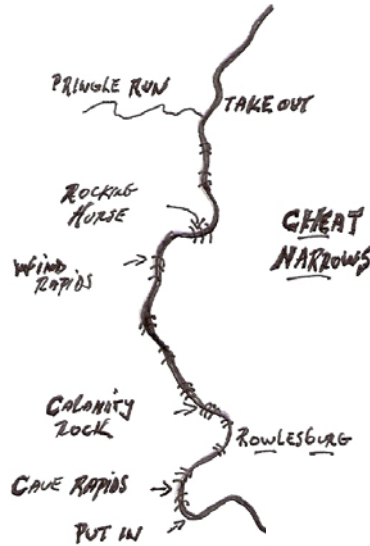
Laurel Highlands High Adventure Trip

Float Plans



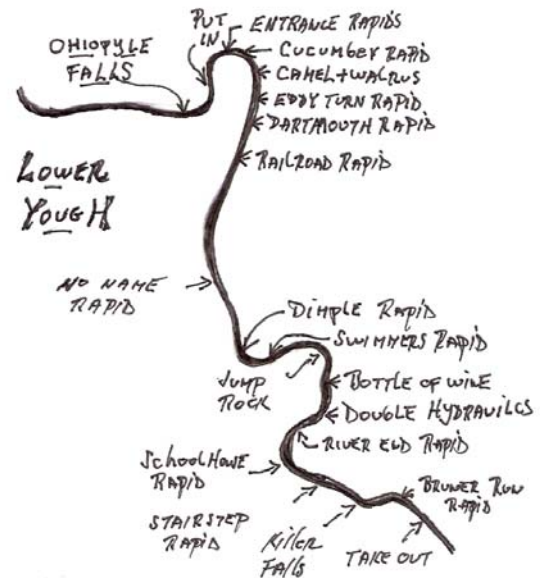
Kayak Float Plan Details

Date: Monday, July 14, 2008
Time: 1:00 - 4:30pm
River: Cheat Narrows W.V.
Class: 2 +3 Whitewater
Put In: 2miles south of Rowlesburg
Take out: Pringle Run
Miles: 8.6
Diversions: Jump Rock
Livery: Blackwater Outdoor Adv.
Phone: 304/478-3775
Guide: 2 will accompany us



Raft Float Plan Details

Date: Thursday, July 17, 2008
Time: 9:00am - 3:30pm
River: Lower Youghiogheny
Class: 2+3+4 Whitewater
Put In: Below Ohiopyle Falls
Take Out: Bruner Run
Miles: 8
Diversions: Lunch/Jump Rock
Livery: Ohiopyle Trading Post
Phone: 1-888-Ohiopyle
Guide: Mr. Chris Munley



Info Common to Both Float Plans

Contingency:

- * To abort in bad weather
- * Road rescue/access available.

Safety:

- * Kayak trip has two West Virginia certified guides.
- * Mr. Munley has guided the raft trip twice before.
- * All will wear class A personal floatation devices.
- * Buddy System/Buddy Boat will be strictly used.
- * All scouts are 14 and above
- * All scouts have Swimming and Lifesaving M. B.
- * All scouts have adequate boating experience.
- * Safety briefing will be done before floats.
- * All have had CPR cert. and First Aid training.
- * Ratio of 3 adult leaders to 11 scouts is excellent.

Leaders:

Chris Munley: Scout Lifeguard, Safety Afloat, Safe Swim, Red Cross - CPR and First Aid Certified, Former Red Cross Lifeguard. 38 years of whitewater experience. 14 years as trip leader. Whitewater trained. Assistant Scoutmaster. Specific trip leader on the Lower Yough on two trips.

Scott Lynch: Scout Lifeguard, Safety Afloat, Safe Swim. Red Cross-CPR Certified. Lifetime boating experience.

Mark Gmunder: Safe Swim/Safety Afloat, boating experience.



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Packing List



Wear on Day Of Departure:

_____ : Seasonal Clothing (You will be backpacking in this clothes so wear lightweight & Non- Cotton)
 _____ : Hiking Boots _____ : Hiking Socks _____ : Sock Liners
 _____ : Troop Hat _____ : Watch (you must wear a watch)
 _____ : Wallet with Spending money (\$50)

Day Pack:

_____ : Lunch _____ : Drinks _____ : Snacks NOTE - 7 hour car ride
Optional: _____ : Car Games _____ : Camera _____ : Sunglasses

Backpack :

_____ : Backpack Cover _____ : 2 Medium Sized Garbage Bags
 _____ : Lightweight Sleeping bag inside medium size plastic bag in a stuff sack
 _____ : Ground Cloth _____ : Sleeping Pad
 _____ : Rain Jacket _____ : Rain Paints
 _____ : 1 Paints (non cotton) _____ : 1 Shorts (non cotton) _____ : 1 Hiking Socks _____ : 2 Sock Liners
 _____ : 2 T Shirts (non cotton) _____ : 1 Long Sleeve Shirt (non cotton) _____ : 2 Underwear (non cotton)
 _____ : 1 Warm Sweat Shirt or Fleece Sweater _____ : Sleepwear _____ : Light Sock Hat
 _____ : Fork & Spoon Vittle Kit _____ : Large Cup
 _____ : 2 Filled 32oz Nalgens _____ : 1 Filled 16oz Water Bottle
 _____ : Compass _____ : Pocket Knife _____ : First Aid Kit & Mole Skin
 _____ : Aqua Socks _____ : Bathing Suit _____ : Small Backpacking Towel
 _____ : ¼ Roll Toilet Paper in Sandwich Bag _____ : Flashlight/Headlamp _____ : Extra Batteries
 In a small plastic bag _____ : Chap Stick _____ Tooth Brush, Toothpaste, Soap _____ : Personal Medications
 _____ : 1 Large Trash Bag for River Forging
Optional: _____ : Bug Repellent _____ : Hiking Pole/Stick

Duffle Bag :

_____ : 2 Pants: _____ : 2 Pair Shorts _____ : 5 T Shirts (1 or 2 of which non –cotton) _____ : 5 Underwear
 _____ : Sleepwear: _____ : 5 Pair Socks: _____ : 2 Long Sleeve Shirts
 _____ : Sneakers _____ : Camp Pillow
 _____ : Bike Gloves _____ : Sun Glasses
 _____ : Bathing Suit _____ : Beach/Bathing Towel
 _____ : Camp Chair _____ : Old Sheet for Sleeping on Warm nights
 _____ : If you wear prescription eye glasses then you must bring eyeglass straps/leash
 _____ : Sun Block _____ : Clean up Kit _____ :
 _____ : Sneakers
 _____ : Small Notepad/Pen _____ : 2 Large Trash Bags

IMPORTANT For Caving : _____ : 1 Old Long Pants _____ : 1 Old Long Sleeve Shirt _____ : Work Gloves
 IMPORTANT For Caving you must have a second flashlight _____ : Spare Flashlight _____ : Extra Batteries

Optional::: _____ : Cards _____ : Book _____ : Football, Baseball and glove, Frisbee or similar
 Optional if you already own it _____ : Climbing Harness and Climbing Shoes

NOTE ::: HIKING BOOTS MUST COVER ANKLE or you will not be allowed on the caving trip.



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Laurel Highlands High Adventure Trip Preparation Meetings Signup



Return this form with your trip Permission Form on Tuesday, June 17th

Planning Meeting & Crew Gear Packing ::

Tuesday, July 1st, 7:00 - 9:30pm

I can make the Planning Meeting :

YES

NO Reason why I can't make it _____

Shakedown ::

Friday, July 11th, 7:00 – 8:00 pm at Mr. Munley's

I can make shakedown :

YES

NO Reason why I can't make it _____

But I will drop off my gear on _____

Crew Food Purchasing ::

If asked I could buy the Crew's food sometime from July 9th to 11th.

YES

NO Reason why I can't be grub master _____

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Scout Name _____

Extended Trip Information Sheet & Permission Form Laurel Highlands High Adventure Trip 2008

Please Print Neatly

Address _____ Home Phone _____

Parent/Guardian #1 Name _____ Cell # _____ Work # _____

Parent/Guardian #2 Name _____ Cell # _____ Work # _____

Health Insurance Name _____ ID/Group ID # _____

Birth Date _____ Family Physician _____ # _____

BOY SCOUTS OF AMERICA
TROOP 84 SOMERVILLE, NJ
WAIVER AND PERMISSION FORM

MY SON _____ HAS PERMISSION TO PARTICIPATE
(FIRST NAME) (LAST NAME)

WITH THE TROOP ACTIVITY KNOWN AS Laurel Highlands High Adventure Trip 2008
WHICH WILL BE HELD AT West Virginia & Ohiopyle, Pennsylvania

MEDICAL CONDITIONS/RESTRICTIONS: _____

MEDICATIONS: _____

IN THE EVENT THAT YOU FIND IT NECESSARY FOR MY SON TO BE RETURNED HOME DUE TO ILLNESS OR OTHER REASONS, I MAY BE REACHED AT (PHONE) _____

OR AS AN ALTERNATIVE, CONTACT MR. /MRS. _____ AT _____

I hereby authorize the scout leaders to seek emergency care and further authorize the physician(s) to provide emergency treatment to my child for any laceration, fracture, other traumatic injury, any symptom, disease or injury which, in the judgment of attending physician, if untreated may be reasonably expected to increase the risk of harm to my child. This consent to care is to be in effect "only" after reasonable efforts have been made to contact and obtain my specific consent to any emergency treatment.

Parent's name (Print)

Parent's Signature

Date

In the event my son has a minor injury, I give my consent to the adult leader in charge to use his/her best judgment to decide if or when to administer the following over-the-counter medications: Please check consented medications.

For headaches:	Acetaminophen (Tylenol)	_____
For muscle aches:	Ibuprofen (Advil)	_____
For hay fever, bee stings, poison ivy:	Antihistamine	_____
For upset stomach:	Antacid (Tums)	_____

Parent's Signature

Date

ATTACH 5 Waivers Here

If You printed this off the web You must also download and print the 5 Liability Release waivers