



Schedule

- Oct 8 ::** Rollout of Merit Badge
Overview of the Merit Badge Requirements and Schedule
Review of Requirement #7 – Plan Outline of Physical Fitness program
- Oct 15 ::** Indy Adventure Skills Night
For scouts that missed Oct 8 : Makeup for Overview of Merit Badge
- Oct 22 ::** Start 12 Physical Fitness Week Program
Initial Physical Fitness Test! – Bring Appropriate clothes!
Hand in signup form with parental signature.
Homework Due : Physical Fitness Outline (Req #7)
- Oct 29 ::** End of Week #1 Submit Exercise Log
Makeup Initial Physical Fitness Test - only for those that missed the test on Oct 22
Hand-in Physical Fitness Outline Signed by Parent
- Nov 5 ::** End of Week #2 Submit Exercise Log
Physical Fitness Test #1 – Bring Appropriate clothes!
Class Work : Review Req #1 & #4
- Nov 12 ::** End of Week #3 Submit Exercise Log
- Nov 19 ::** End of Week #4 Submit Exercise Log
Physical Fitness Test #2 – Bring Appropriate clothes!
Homework : Read and Study Merit Badge handouts.
Class Work : Review Req #2 & #5
- Nov 26 ::** End of Week #5 Submit Exercise Log
Troop Swim
- Dec 3 ::** End of Week #6 Submit Exercise Log
First Aid Rally preparation
- Dec 10 ::** End of Week #7 Submit Exercise Log
Physical Fitness Test #3 – Bring Appropriate clothes!
Class Work : Review Req #3 & #9
- Dec 17 ::** End of Week #8 Submit Exercise Log
Physical Fitness Test #4 – Bring Appropriate clothes!
Troop Holiday Party
- Dec 24 ::** End of Week #9 – No Troop Meeting
- Dec 31 ::** No Troop Meeting Make Up Week for exercise at home
- Jan 7 ::** End of Week #10 Submit Exercise Log
Physical Fitness Test #5 – Bring Appropriate clothes!
Class Work : Make up requirements review
- Jan 14 ::** End of Week #11 Submit Exercise Log
- Jan 21 ::** End of Week #12 Submit Exercise Log
Physical Fitness Test #6 – Bring Appropriate clothes!
Class Work : Make up requirements review
Post program review of physical fitness accomplishments
Complete Merit Badge and Fill out Blue Cards
- Jan 28 ::** Court of Honor