

Troop 84

Venture Scouts

SNO W TREK

When: Saturday, January 26th to Sunday, January 27th, 2008

Highlights: The annual Snow Trek is one of the most memorable Venture Trips you can experience in Troop 84. Challenge yourself and brave the snowy and cold Catskills during the peak of the winter season.

Snowshoe with full gear deep into the backcountry of the Catskills to the confluence of the Deer Shanty Brook and the Neversink River. Survive this sub freezing adventure by building a snow shelter and then sleep in it. Learn winter survival skills and Snow Stalking. Snow sled on Sunday on Table Mountain.

Trek Details: Start Trek : Parking lot at end of Denning Road
Saturday : Hike 1½ miles on the Phoenicia- East Trail to Peekamoose-Table Trail
Camp : Denning Wilderness Site
Sunday : Backtrack on same trail, return to parking lot.

Depart: Saturday 7:00 am from First United Methodist Church.

Return: Approximately 3:00 pm Sunday at the Troop Garage – parents will be called.
Contact: Mrs. Shelley Nolan or Mrs. Lori Quinn.

Camp: Catskill Wilderness Preserve- Denning Wilderness Site
Phone: Ranger (973) 948 4757 – emergency only

Signup: Signup and Permission slips are due Monday, January 14th

Cost: \$35 due with permission slip at signup
Food Cost: \$13 due in cash to patrol on January 14th.

Special Meal Instructions: Bring money for Sunday lunch; we will stop on the way home.

Bad Weather Option : We have to leave our options open in case of bad weather. We may have to opt to camp in lean-tos near the Troop in NJ. If we decide to do this, we will notify parents at the departure time. We will bring Trail Tarps and Tents to have in case of not enough or not the right kind of snow.

Special Instructions: *The weather can be unforgiving. Pay close attention to the equipment list. You must have Waterproof outerwear and your insulated/underclothing cannot be cotton. "COTTON KILLS"*

Be Prepared!!

Snow Trek Backpacking

Survival Packing List

Catskill Venture Trip

NOTE: Your insulated/underclothing cannot be cotton.

Dress in layers - use more if you want this is a minimum!

Upper Body ::

(1) synthetic short sleeve under shirt (2) insulated synthetic long sleeve under shirt (3) long sleeve shirt/turtleneck (4) sweatshirt/sweater/polar fleece (5) winter jacket.

Lower Body :: (1) underwear (not cotton), (2) long synthetic under clothes, (3) sweatpants/pants (4) insulated ski pants or waterproof rain pants.

To be worn on departure:

Sock liners (a must), Wool blend outer socks, Snow boots or high waterproof hiking boots, the clothing layers identified above, watch.

To be brought and put on when we arrive in the Catskills:

Winter Sock Hat, Scarf or Ski Mask, waterproof insulated gloves, ski pants or nylon rain pants

To be packed in your Daypack (will be left in the car):

Daypack, Sunday Lunch Money, Change of Clothes, Sneakers, Car Games (optional)

To be packed in your Back Pack:

Backpack, ___ Backpack Cover ___ Ground Cloth ___ Sleeping Pad ___ Extra Blanket ___

Winter Sleeping bag(4-Season zero Degree) ___ 2nd Sleeping bag(3 Season Larger) ___ Sleeping Bag liner/sheet ___

Extra Sock Liners ___ Extra Wool Blend Outer Socks ___

Extra Insulated Long Underwear Top ___ Extra Insulated Long Underwear Bottom ___ Extra Underwear ___

Extra Pants/Sweat Pants ___ Extra Long Sleeve Shirt ___ Extra Sweater or Hooded Sweat Shirt ___

First Aid Kit ___ Compass ___ Vittle kit ___ , Clean-up kit ___ Flashlight & Extra batteries ___

Large cup capable of holding hot liquids (important!!) ___

Extra Gloves ___

2 Large garbage bags ___ 2-gallon size Ziploc bags ___

Three filled water bottles 32 ounces each ___ Sunglasses (important when hiking in the snow!) ___

Double Check Everything! Make sure you have everything on this list!

BE PREPARED FOR COLD WEATHER

You will be carrying troop gear also, but the hike will be only 1.5 miles in and 1.5 miles out!

Venture Snow Trek

Signup and Payment Due January 14th

Scout _____ Will Participate Will Not Participate

Parent is Participating in the Activity Yes No

Parent is available to provide transportation Yes No

If Driving, Number of Seat Belts (including driver) in Vehicle is

Body Weight Needed for sizing snow shoes _____ **Scout** _____ **Parent**

Trip Date : Jan 26 Trip Cost : \$35 Scout / \$35 Parent Total Paid : _____ by (Circle One) Cash Check Scout-Account

BOY SCOUTS OF AMERICA
TROOP 84 SOMERVILLE, NJ
WAIVER AND PERMISSION FORM

MY SON _____ HAS PERMISSION TO PARTICIPATE
(FIRST NAME) (LAST NAME)

WITH THE TROOP ACTIVITY KNOWN AS Winter Cabin Trip

WHICH WILL BE HELD AT For Scouts : Kittatinny Scout Reservation in Stokes State Forest NJ

MEDICAL CONDITIONS/RESTRICTIONS: _____

MEDICATIONS: _____

IN THE EVENT THAT YOU FIND IT NECESSARY FOR MY SON TO BE RETURNED HOME DUE TO ILLNESS OR OTHER REASONS, I MAY BE REACHED AT (PHONE) _____

OR AS AN ALTERNATIVE, CONTACT MR. /MRS. _____ AT _____

I hereby authorize the scout leaders to seek emergency care and further authorize the physician(s) to provide emergency treatment to my child for any laceration, fracture, other traumatic injury, any symptom, disease or injury which, in the judgment of attending physician, if untreated may be reasonably expected to increase the risk of harm to my child. This consent to care is to be in effect "only" after reasonable efforts have been made to contact and obtain my specific consent to any emergency treatment.

Parent's name (Print)

Parent's Signature

Date

In the event my son has a minor injury, I give my consent to the adult leader in charge to use his/her best judgment to decide if or when to administer the following over-the-counter medications:
Please check consented medications.

For headaches:	Acetaminophen (Tylenol)	_____
For muscle aches:	Ibuprofen (Advil)	_____
For hay fever, bee stings, poison ivy:	Antihistamine	_____
For upset stomach:	Antacid (Tums)	_____

Parent's Signature

Date

Recorded :