



Troop 84

Sleeping Giant Campout & Hike

- When: Friday, April 27th to Sunday, April 29th, 2007
- Highlights: Friday night backpack ½ mile to a hemlock-ravine campsite at Sleeping Giant State Park for 2 nights of great wilderness camping. Saturday, day-hike 5 miles over the “Sleeping Giant”. Start the hike through Hezekiah’s Knob, then over the Giant’s right knee. Visit a stone castle tower on the chest and climb the Giant’s chin. Sunday, hike out and visit the Maritime Aquarium at Norwalk with highlights being the sharks, sea otters, an I-Max movie and a 4-D experience
- Depart: 3:30 pm sharp, Friday night from First United Methodist Church
- Return: Sunday, approximately 5 pm at the troop garage, you will be called.
Contact: Mrs. Shelley Nolan or Mrs. Lori Quinn.
- Camp: Sleeping Giant St. Park, Connecticut, Group Wilderness Site.
Ranger: 203-789-7498
- Signup: Sign-up and permission slips are due Monday, April 16th.
- Trip Cost: \$20 due with permission slip at signup.
- Food Cost: \$14 due in cash to patrol leader at signup on April 16th.
- Equipment: Follow attached list carefully.
- Special Meal Instructions: Eat Friday dinner before you leave or bring bagged lunch on the way. Bring Sunday lunch money; we will eat at the Aquarium.
- Shakedown: You must attend shakedown on Thursday, April 26th from 7- 8 pm at Mr. Munley’s house. You must stay the entire hour.
- Leaders & Parents: If you are joining us on this trip and are driving, note the additional information requested for this trip on the sign-up sheet. We need the make/model and license plate of the car you will be using.

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Backpack Notes/Tips

- >> Cotton kills!! Stay Away from as much cotton as possible.
- >> No Blue Jeans – They weigh a ton to carry and take forever to dry!
- >> Patrol Gear will be divided among all participants; so don't fill your pack with unnecessary items.
- >> Pack should only weigh 20% of your weight.
- >> Make sure everything is secured well.
- >> Crew will share backpack soap.
- >> Leave those 5 pound flashlights at home.
- >> Think Light.
- >> We will use trail tarps or 4 scouts to a tent to keep weight down.
- >> Waterproof your boots before trip (if not Gore-Tex) and check your laces.
- >> Clip your toenails. Don't forget the moleskin.
- >> You will not have room for a winter jacket. Bring a light one and dress in layers.
- >> Troop will supply everything that is not on the trip equipment list.

QUESTIONS: Call Mr. Munley @ 908-722-9579

Sleeping Giant Campout & Hike Equipment List

To be worn on departure:

Troop Hat _____ Hiking Boots _____ Hiking Socks _____

Seasonal Clothing (no jeans) _____ Light Jacket/Sweat Shirt _____ Watch _____

To be packed in a plastic bag and brought on Friday night:

(These clothes will stay in the car during the campout and be used on Sunday for the aquarium)

Change of Clothes _____ Sneakers _____ Car Games (optional) _____

To be packed in your Daypack and brought on Friday night:

Daypack _____ Rain Jacket _____ Rain Pants _____

Personal First Aid Kit _____ Pocket Knife _____ Compass _____

Flashlight _____ Wallet – Lunch Money _____ Friday Dinner _____

To be packed in your Backpack:

Backpack _____ Sleeping Bag (in stuff sack) _____

Ground Cloth _____ Sleeping Pad _____ Pillow Case _____

2 pairs Hiking Socks _____ Sock Liners _____ Underwear _____

Sweat Shirt/Sweater _____ Sweat Pants _____ Sweat Shirt _____

1 Pair Pants _____ 1 Long Sleeve Shirt _____ Sock Hat _____

Shorts _____ T-Shirt _____ ¼ roll toilet paper in sandwich bag _____

Vittle Kit _____ Large Cup _____ Lite Clean-up Kit _____

Extra Batteries _____ 2 medium sized garbage bags _____ Backpack Cover or Large trash Bag _____

2 Filled Water Bottles each 1 liter _____

Optional : Camera _____

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Permission Slip Due April 16th

Scout _____ Will Participate Will Not Participate
Parent is Participating in the Activity Yes No
Parent is available to provide transportation Yes No
If Driving, Number of Seat Belts (including driver) in Vehicle is

If you are driving provide the following vehicle information of the car to be used:

Make/Model _____ License _____

BOY SCOUTS OF AMERICA
TROOP 84 SOMERVILLE, NJ
WAIVER AND PERMISSION FORM

MY SON _____ HAS PERMISSION TO PARTICIPATE
(FIRST NAME) (LAST NAME)

WITH THE TROOP ACTIVITY KNOWN AS Sleeping Giant Campout & Hike

WHICH WILL BE HELD AT Sleeping Giant State Park, Connecticut

MEDICAL CONDITIONS/RESTRICTIONS: _____

MEDICATIONS: _____

IN THE EVENT THAT YOU FIND IT NECESSARY FOR MY SON TO BE RETURNED HOME DUE TO ILLNESS OR OTHER REASONS, I MAY BE REACHED AT (PHONE) _____

OR AS AN ALTERNATIVE, CONTACT MR. /MRS. _____ AT _____

I hereby authorize the scout leaders to seek emergency care and further authorize the physician(s) to provide emergency treatment to my child for any laceration, fracture, other traumatic injury, any symptom, disease or injury which, in the judgment of attending physician, if untreated may be reasonably expected to increase the risk of harm to my child. This consent to care is to be in effect "only" after reasonable efforts have been made to contact and obtain my specific consent to any emergency treatment.

Parent's name (Print)

Parent's Signature

Date

In the event my son has a minor injury, I give my consent to the adult leader in charge to use his/her best judgment to decide if or when to administer the following over-the-counter medications:
Please check consented medications.

For headaches:	Acetaminophen (Tylenol)	_____
For muscle aches:	Ibuprofen (Advil)	_____
For hay fever, bee stings, poison ivy:	Antihistamine	_____
For upset stomach:	Antacid (Tums)	_____

Parent's Signature

Date